

Physical Education

Advanced

COMPONENT 2: Psychological and Social  
Principles of Physical Education

Total Marks
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Thursday 8 June 2023 – Morning

Time: 2 hours

In the boxes below, write your name, centre number and candidate number.

Surname					
Other names					
Centre Number					
Candidate Number					

**YOU MUST HAVE**

**Nil**

**YOU WILL BE GIVEN**

**Information Booklet**

**INSTRUCTIONS**

**Answer ALL questions in Sections A and B.**

**Answer the questions in the spaces provided – there may be more space than you need.**

**INFORMATION**

**The total mark for this paper is 100.**

**The marks for EACH question are shown in brackets – use this as a guide as to how much time to spend on each question.**

**Questions marked with an ASTERISK (\*) require candidates to use their knowledge and understanding from across the course of study in their answer.**

**Calculators can be used.**

**ADVICE**

**Read each question carefully before you start to answer it.**

**Try to answer every question.**

**Check your answers if you have time at the end.**

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## **SECTION A – Skill acquisition and sport psychology**

**Answer ALL questions. Write your answers in the spaces provided.**

- 1 Summarise the reciprocal style of coaching.  
(2 marks)**

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**(Total for Question 1 = 2 marks)**

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- 2 Using a sporting example, outline the whole-part-whole method of practice.**  
**(2 marks)**

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**(Total for Question 2 = 2 marks)**

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- 3 Summarise what is meant by concurrent and terminal feedback. Use examples from sport to support your answer.  
(4 marks)**

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**(Total for Question 3 = 4 marks)**

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- 4 Describe the psychological refractory period. Use an example from sport to support your answer. (2 marks)**

**Answer space continues on the next page.**

[illegible]

**4 continued.**

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**(Total for Question 4 = 2 marks)**

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- \*5 Analyse schema theory and its implications for both a coach and a performer in optimising performance.**

**Use your knowledge and understanding from across the course of study to answer this question.  
(15 marks)**

**Answer space continues on the next 7 pages.**

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**(Total for Question 5 = 15 marks)**

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- 6 Describe what is meant by the Frustration-Aggression Hypothesis.  
(2 marks)**

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**(Total for Question 6 = 2 marks)**

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- 7 Summarise the external influences that impact a competitive performance.  
(3 marks)**

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**(Total for Question 7 = 3 marks)**

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**8 Summarise Steiner's model of group dynamics. Use an example from sport to support your answer. (2 marks)**

[illegible]

**(Total for Question 8 = 2 marks)**

- 9 Describe what is meant by both tangible and intangible rewards.  
(2 marks)**

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**(Total for Question 9 = 2 marks)**

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**10 Define the 'Great Man Theory' of leadership.  
(1 mark)**

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**(Total for Question 10 = 1 mark)**

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- 11 Discuss the effects of arousal and anxiety on an athlete during competition and the use of psychological skills training methods to improve their performance.  
(15 marks)**

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**11 continued.**

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**(Total for Question 11 = 15 marks)**

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**TOTAL FOR SECTION A = 50 MARKS**



**SECTION B – Sport and society**

**Answer ALL questions. Write your answers in the spaces provided.**

- 12 Describe the origin and meaning of the term ‘cult of athleticism’.  
(2 marks)**

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**(Total for Question 12 = 2 marks)**

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- 13 Outline how the commercialisation of sport has resulted in elite performers becoming commodities. (2 marks)**

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**(Total for Question 13 = 2 marks)**

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- 14 Summarise the impact of technology on the viewing experience.  
(4 marks)**

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**(Total for Question 14 = 4 marks)**

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**15 Define the term 'bungs'.  
(1 mark)**

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**(Total for Question 15 = 1 mark)**

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- 16 Examine the historical influence that the former East German sports system had on the provision of UK sport.  
(8 marks)**

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**(Total for Question 16 = 8 marks)**

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- 17 Outline the Sport England initiative ‘Uniting the Movement’.  
(3 marks)**

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**(Total for Question 17 = 3 marks)**

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**\*18 Analyse the ‘globalisation of sport’ and its impact on sport and society.**

**Use your knowledge and understanding from across the course of study to answer this question.  
(15 marks)**

**Answer space continues on the next 8 pages.**

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**(Total for Question 18 = 15 marks)**

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- 19 Evaluate the provision, opportunity and status of women's participation in global sport.**

**Use the information in TABLE 1 for Question 19 in the Information Booklet to support your answer.  
(15 marks)**

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**(Total for Question 19 = 15 marks)**

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**TOTAL FOR SECTION B = 50 MARKS**  
**TOTAL FOR PAPER = 100 MARKS**  
**END OF PAPER**